SELF-EFFICACY
Middle Student Report

Self-Efficacy is a modification of the *Self-Efficacy* scale developed by Walker & Abretron (2004). Three items were reworded for this study, one item was omitted, and the response scale descriptors were modified (original: 1 = strongly disagree, 4 = strongly agree).

Citation
Walker, K. E., & Arbreton, A. J. A. (2004). *After-school pursuits: An examination of outcomes in the San Francisco Beacon initiative.* Philadelphia: Public/Private Ventures.

Administration
Fall 2003
Spring 2004
Spring 2005

Items
1. If I can't do a job the first time, I keep trying until I can
2. I give up on things before finishing them
3. If something looks too hard, I will not even bother to try it
4. I handle new problems very well
5. When I fail, it just makes me try harder
6. I am not sure how good I am at things
7. I give up easily

Response scale
1 = not at all true
2 = a little true
3 = somewhat true
4 = really true

Scoring
Mean item score; items 2, 3, 6, 7 are reverse coded

Psychometrics

Middle					
	N	*M*	*SD*	Range	Alpha
Fall 2003	1013	3.16	0.51	1.43-4	.63
Spring 2004	965	3.17	0.49	1.57-4	.66
Spring 2005	754	3.16	0.49	1.14-4	.68

Validity
Walker & Arbreton (2004) found that increases in nonfamily adult support (at school and after-school programs) and increases in peer support were associated with increased self-efficacy, which in turn was associated with work habits and grades.