

AFTER-SCHOOL ACTIVITIES

Elementary & Middle Student Report

After-School Activities was created for the Study of Promising After-School Programs to determine students' involvement in structured and unsupervised activities outside of school.

Citation

Vandell, D. L., Reisner, E. R., Brown, B. B., Dadisman, K., Pierce, K. M., Lee, D., & Pechman, E. M. (2005). *The Study of Promising After-School Programs: Examination of intermediate outcomes in year 2*. Report to the Charles Stewart Mott Foundation.

Administration

Fall 2003

Spring 2004

Spring 2005

Items

Fall 2003 administration: Since school started this year, about how many times have you...

Spring 2004 & Spring 2005 administrations: Since January, about how many times have you...

1. Played on an organized sports team (e.g., soccer or basketball team) after school
2. Taken part in after-school activities at your school such as band, choir, drama, yearbook, STEP, drill team, or cheerleading
3. Taken extra reading or math classes after school
4. Taken lessons in music, art, dance, sports, or some other activity after school
5. Gone to religious classes (e.g., Sunday School, catechism, Hebrew school) or services (e.g., Mass) at your church, mosque, or temple
6. **Fall 2003:** Gone to Girl Scouts, Boy Scouts, Girls Inc., or a 4-H Club
Spring 2004 & 2005: Gone to (name of after-school program participating in the study) after school
7. **Fall 2003:** Gone to a YWCA, YMCA, or PAL center after school
Spring 2004 & 2005: Gone to Girl Scouts, Boy Scouts, Girls Inc., 4-H Club, YWCA, YMCA, or PAL center after school
8. Gone to a Boys and Girls Club after school
9. Done something with someone from the Big Brothers/Big Sisters program after school
10. Gone to a different club or organization after school that we didn't already ask you about
11. Been home alone after school without an adult there
12. Taken care of a sister or brother after school without an adult there
13. Hung out with friends after school without an adult there

Response scale

0 = not at all

1 = once or twice

2 = about once a week

3 = 2-3 days a week

4 = 4 or more days a week

Scoring

Individual item scores; mean item scores can be created as needed for specific data analyses

Psychometrics

	FALL 2003					
Item	Elementary (<i>N</i> = 1711)			Middle (<i>N</i> = 1024)		
	<i>M</i>	<i>SD</i>	Range	<i>M</i>	<i>SD</i>	Range
1. organized sports	1.22	1.56	0-4	1.19	1.53	0-4
2. school activities	0.86	1.45	0-4	1.05	1.47	0-4
3. reading/math classes	0.81	1.40	0-4	0.54	1.11	0-4
4. lessons	1.78	1.64	0-4	1.64	1.60	0-4
5. religious classes/services	1.24	1.48	0-4	1.05	1.27	0-4
6. Scouts, 4-H	0.54	1.15	0-4	0.30	0.85	0-4
7. YMCA/YWCA, PAL	0.49	1.14	0-4	0.54	1.09	0-4
8. Boys & Girls Club	0.87	1.50	0-4	0.56	1.17	0-4
9. Big Brothers/Sisters	0.41	1.04	0-4	0.27	0.83	0-4
10. other club or group	0.86	1.46	0-4	0.69	1.24	0-4
11. home alone	0.82	1.33	0-4	1.35	1.46	0-4
12. cared for sibling	0.65	1.24	0-4	0.83	1.31	0-4
13. hung out with friends	0.87	1.42	0-4	1.31	1.50	0-4

	SPRING 2004					
Item	Elementary (<i>N</i> = 1608)			Middle (<i>N</i> = 973)		
	<i>M</i>	<i>SD</i>	Range	<i>M</i>	<i>SD</i>	Range
1. organized sports	1.20	1.59	0-4	1.50	1.61	0-4
2. school activities	0.78	1.37	0-4	1.24	1.49	0-4
3. reading/math classes	0.92	1.47	0-4	0.67	1.16	0-4
4. lessons	1.49	1.67	0-4	1.38	1.52	0-4
5. religious classes/services	1.23	1.50	0-4	1.06	1.30	0-4
6. after-school program	1.99	1.84	0-4	1.62	1.64	0-4
7. clubs & groups	0.61	1.22	0-4	0.45	0.99	0-4
8. Boys & Girls Club	0.58	1.26	0-4	0.44	1.04	0-4
9. Big Brothers/Sisters	0.30	0.89	0-4	0.20	0.70	0-4
10. other club or group	0.40	1.03	0-4	0.46	1.02	0-4
11. home alone	0.81	1.27	0-4	1.54	1.42	0-4
12. cared for sibling	0.59	1.17	0-4	0.95	1.32	0-4
13. hung out with friends	0.81	1.36	0-4	1.57	1.55	0-4

Item	SPRING 2005					
	Elementary (<i>N</i> = 1265)			Middle (<i>N</i> = 758)		
	<i>M</i>	<i>SD</i>	Range	<i>M</i>	<i>SD</i>	Range
1. organized sports	1.24	1.60	0-4	1.35	1.61	0-4
2. school activities	0.88	1.40	0-4	1.07	1.41	0-4
3. reading/math classes	0.68	1.23	0-4	0.53	1.01	0-4
4. lessons	1.56	1.66	0-4	1.33	1.50	0-4
5. religious classes/services	1.06	1.39	0-4	0.91	1.23	0-4
6. after-school program	1.91	1.81	0-4	1.19	1.55	0-4
7. clubs & groups	0.65	1.24	0-4	0.40	0.94	0-4
8. Boys & Girls Club	0.70	1.33	0-4	0.35	0.92	0-4
9. Big Brothers/Sisters	0.30	0.90	0-4	0.12	0.55	0-4
10. other club or group	0.52	1.16	0-4	0.42	0.93	0-4
11. home alone	0.87	1.25	0-4	1.77	1.47	0-4
12. cared for sibling	0.56	1.12	0-4	1.01	1.34	0-4
13. hung out with friends	0.88	1.34	0-4	1.77	1.53	0-4

Student reports of participation in the promising after-school programs were correlated with attendance data provided by the programs.

Spring 2004

$r = .73, p < .001$ elementary
 $r = .60, p < .001$ middle school

Spring 2005

$r = .75, p < .001$ elementary
 $r = .43, p < .001$ middle school

Student and parent reports of involvement in other structured and unstructured activities were correlated, as follows. All correlations were significant at $p < .001$ or better.

FALL 2003	Elem	Middle	SPRING 2005	Elem	Middle
1. organized sports	.33	.52	1. organized sports	.43	.60
2. school activities	.26	.38	2. school activities	.31	.41
3. reading/math classes	.25	.45	3. reading/math classes	.34	.38
4. lessons	.22	.31	4. lessons	.33	.34
5. religious classes/services	.29	.47	5. religious classes/services	.32	.43
6. Scouts, 4-H	.26	.39	6. after-school program	.79	.67
7. YMCA/YWCA, PAL	.46	.42	7. clubs & groups	.30	.39
8. Boys & Girls Club	.50	.57	8. Boys & Girls Club	.45	.58
9. Big Brothers/Sisters	.18	.31	9. Big Brothers/Sisters	.19	.21
10. other club or group	.19	.24	10. other club or group	.29	.20
11. home alone	.21	.50	11. home alone	.31	.47
12. cared for sibling	.12	.35	12. cared for sibling	.15	.51
13. hung out with friends	.12	.39	13. hung out with friends	.10	.34