Financial Strain, Parenting Behaviors, and Adolescents Achievement:

Testing Model Equivalence between African-American and European-American

Single and Two-Parent Families

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# **ABSTRACT**

This study tested the equivalence of a theoretical model of parenting behaviors linking financial strain to adolescents' achievement for African-American and European-American families and for single and two-parent families. The sample included an economic cross-section of both African-American (n = 387) and European-American families (n = 230) and both single (n = 171) and two-parent families (n = 446). Multigroup analyses revealed no significant differences in the structural equation models between the African-American and European-American families and between the single and two-parent families. Results demonstrated that negative parent-adolescent relationships and parental school involvement mediated the relation between financial strain and adolescents' academic achievement.

#### INTRODUCTION

In the past decade, the poverty rate in the United States has reached its highest level in 20 years: with the number of children whose families live in poverty having increased from 15% in 1970 to 22% in 1994 (U.S. Bureau of Census, 1996). These trends have precipitated renewed interest among researchers in the impact of economic hardship on families and children (McLoyd, 1990). Evidence continues to accumulate documenting the negative role poverty plays in lives of many American children. Children who are living in poverty are at greater risk for experiencing an array of academic, socioemotional, behavioral, and health problems that can have deleterious effects on their long-term developmental trajectories (McLoyd, 1990, 1998).

Poverty not only affects children directly through limited material resources, but also indirectly through the distress it creates for parents which, in turn, undermines parents' capacity for supportive, involved, and consistent parenting (McLoyd, 1990; 1998). The general framework for understanding the mediational role that family processes play in linking economic hardship to children's outcomes is drawn from Elder's studies of European-American families of the Great Depression (Elder, 1974; Elder, Nguyen & Caspi, 1985). In these studies, Elder and his colleagues found few direct effects of economic hardship on children's behavior and socioemotional functioning. Rather, its adversity was produced indirectly through negative effects on fathers' psychological functioning and parenting behaviors. Fathers who sustained heavy financial loss became more irritable, tense, and explosive, which increased their tendency to be punitive, rejecting, and inconsistent in disciplining their children. In turn, these negative fathering behaviors were predictive of several emotional difficulties in children. Studies with more recent samples have found similar results for children's socioemotional outcomes such as depression, competence, self-esteem and anxiety, and behavioral outcomes such as drug and alcohol use, delinquency, and antisocial behavior (e.g.,

Conger, Conger, Elder, Lorenz, Simons, & Whitbeck, 1992; Conger, Ge, Elder, Lorenz, & Simons, 1994; Conger, Lorenz, Elder, Melby, Simons, & Conger, 1991; Dodge, Pettit, & Bates, 1994; Furstenberg, Eccles, Elder, Cook, and Sameroff, in press; Harold-Goldsmith, Radin, & Eccles, 1988; Lempers, Clark-Lempers, Simons, 1989; McLoyd, Jayaratne, Ceballo, & Borquez, 1994).

Although fewer in number, several studies have also examined the family processes linking economic hardship to children's achievement-related outcomes. For example, Hess and Holloway (1984) found a number of parenting behaviors linking socioeconomic variables to children's school performance including verbal exchanges between parents and children, parental expectations for achievement, positive affective relationships between parents and children, and discipline and control strategies. Similar results have been reported in more recent studies (Conger et al., 1992; Conger, Conger, & Elder, 1997; Furstenberg et al., in press; Korenman, Miller, & Sjaastad, 1995; Lee & Croninger, 1994). For example, in a sample of European-American two-parent families of adolescent boys, Conger and his colleagues (1992) found that economic pressures were significantly associated with depression and demoralization in parents which, in turn, were related to disruptions in such parenting behaviors as involvement, warmth, and discipline practices that were consistent and not overly harsh. These disrupted parenting practices mediated the relation between parents' depressed mood and adolescents' positive adjustment, including school performance. In a subsequent study using the same sample, Conger and his colleagues found that the effects of economic conditions on adolescents' school performance were largely accounted for by the economic pressures they created as well as parents' responses to these pressures (Conger et al., 1997).

These studies have provided excellent theoretical models describing the mediating role of family processes linking economic resources to children's and adolescents' outcomes. However, to our knowledge, these studies have focused almost exclusively on within-group analyses. That is, they have examined primarily either African-American or

European-American families and either single or two-parent families. Consequently, we do not know how robust these findings are across different ethnic groups and family structures. The present study extends these previous findings by assessing the role that parenting behaviors play in linking financial strain to adolescents' academic achievement for African-American and European-American families and for single and two-parent families.

There are several reasons for testing the empirical adequacy of a mediational model of financial strain, parenting behaviors, and adolescents' academic achievement for both African-American and European-American families. First, factors associated with ethnicity such as duration and timing of poverty and differences in economic resources are likely to modify parents' responses to economic loss (McLoyd, 1990). For example, African-American families with children are more likely to live in poverty, and for longer periods of time, than European-American families with children (Brooks-Gunn, Duncan, & Maritato, 1997). Second, poverty among African-American families, unlike European-American families, is complicated by racism (McLoyd, 1990). Factors linked to past and present racial discrimination (e.g., housing patterns, neighborhood resources, and restricted educational and employment opportunities) create disparities between the resources available to poor African-American and European-American families. For instance, poor African-American families are more likely to reside in concentrated poor, isolated urban neighborhoods than poor European-American families (Wilson, 1987). Such differences in available resources are likely to make parenting more difficult for African-American families experiencing financial strain than European-American families. Third, the effectiveness of specific parenting practices on children's competence may vary in different ethnic groups (e.g., Baumrind, 1972; Dornbusch, Ritter, Leiderman, Roberts, & Fraleigh, 1987). For example, some evidence suggests that authoritative parenting (i.e., high in family decision making and communication, clear setting of rules, and use of commands and sanctions when necessary) may be a stronger

predictor of academic achievement for European-American adolescents than African-American adolescents (Dornbusch et al., 1987).

There are also several important reasons for testing the equivalence of this mediational model for both single and two-parent families. First, psychological distress is high in environments where there is no marital partner to provide emotional and financial support. Moreover, single mothers are at greater risk of psychological distress and anxiety than other marital status group, especially if they are living in poverty (McLoyd, 1990). Consequently, single parent families may experience a greater sense of financial strain in response to low income than two-parent families. Second, considering that mothers assume the role of custodial parent in all but a minority of single parent families and often represent the only source of income (McLoyd, 1990), financial strain may be a stronger predictor of parenting behaviors and children's functioning in single families than two-parent families.

To a limited extent, the similarity among findings in studies linking economic hardship to children's outcomes mitigates the issue of generalizability across African-American and European-American families and across single and two-parent families. Yet, we know of no studies that actually test the equivalence of a mediational model of financial strain, parenting behaviors, and adolescents' achievement for African-American and European-American families and for single and two-parent families empirically. Therefore, using LISREL VIII, we impose equality constraints on the structural equation models of African-American and European-American subsamples and single and two-parent subsamples, thereby allowing a more sensitive assessment of group differences. The Theoretical Model

Drawing on past research, we propose a process-based theoretical model linking economic resources to adolescents' academic achievement. First, as shown in Figure 1, we postulate that total family income will have a direct association with financial strain conceptualized in terms of the degree to which parents report (1) not having enough to

money to makes ends meet, and (2) worrying about not having enough money. We also predict that total family income will affect parenting behaviors through its impact on parents' sense of financial strain. Previous studies have demonstrated that adverse economic conditions such as low income influence family relationships primarily through the financial strains or economic pressures they create in family life (Conger et al., 1992, 1994, 1997; Elder, Eccles, Ardelt, & Lord, 1995; Furstenberg et al., in press; McLoyd et al., 1994; Simons, Lorenz, Conger, & Wu, 1992).

As shown in Figure 1, we also predict that: (1) the financial strain created by low family income will increase the likelihood of negative parent-adolescent relationships conceptualized in terms of conflict and harsh discipline; and (2) negative parent-adolescent relationships will undermine adolescents' academic achievement. According to Patterson (1982), family conflict and expressions of hostility often occur when family members experience stressful environmental conditions. Research has demonstrated that economic stress is an environmental factor that increases the likelihood of such negative family interactions as parents' hostility, parent-adolescent conflict, and parents' use of harsh discipline, which, in turn, negatively impact children's and adolescents' socioemotional functioning and positive adjustment (Conger, McCarty, Yang, Lahey, & Kropp, 1984; Conger et al., 1992, 1994, 1997; Furstenberg et al., in press; McLoyd et al., 1994).

Although most of the previous studies have examined the mediational role of family coercive processes on children's emotional well being, a more recent study examined these mediated influences on adolescents' academic achievement (Conger et al., 1997). In this study of two-parent, European-American families, mothers' harsh, inconsistent parenting (rated by an observer) negatively affected adolescents' self-confidence, which, in turn, adversely impacted their grade point average. Similar results are reported by Furstenberg et al. (in press) for a predominately African-American sample. In our study, we extend the scope of this research by examining whether

negative parent-adolescent relationships mediate the link between financial strain and adolescents' academic achievement in different ethnic groups and family structures.

As shown in Figure 1, we also predict that financial strain created by low family income will negatively influence parental school involvement, which, in turn, will adversely affect adolescents' academic achievement (Clark, 1983; Comer, 1980; Eccles & Harold, 1993; Epstein, 1987, 1990). Since parental school involvement requires both time and patience, qualities in short supply for poor parents who often feel hassled and overburdened, parents who experience economic stress tend to be less involved in the school activities of their children and adolescents (McLoyd, 1990). Parents living in poor communities also often feel less efficacious about their involvement and may have had negative interactions with teachers and school personnel which leave them feeling suspicious of, and disaffected from, their children's school (Comer, 1983; Eccles & Harold, 1993). Although evidence indicates that parents' involvement in their children's education varies widely by ethnicity and income level and thus may help explain differential achievement levels (Carnegie Council on Adolescent Development, 1995; Clark, 1983; Comer, 1980; Eccles & Harold, 1993; Epstein, 1987, 1990), few studies have examined the relations among economic resources, parental school involvement, and children's academic achievement. In our study, we extend the scope of this research by examining the mediational role of parental school involvement linking financial strain to adolescents' academic achievement in different ethnic groups and family structures.

In the following analyses, we test the empirical adequacy of this postulated model of financial strain, parenting behaviors, and adolescents' academic achievement for African-American and European-American families and for single and two-parent families (see Figure 1). Our model includes direct paths from Wave 1 financial strain to Wave 1 parenting measures to adolescents' achievement at Wave 2 to strengthen inferences regarding likely causal direction and to decrease within-wave reporter bias. To

control for prior achievement, we also include adolescents' achievement at Wave 1 as a control variable.

This study extends previous studies of economic hardship by (1) examining whether negative parent-adolescent relationships and parental school involvement link financial strain to adolescents' achievement over time, (2) testing the equivalence of this model for both African-American and European-American families, and (3) testing the equivalence of this model for both single and two-parent families. We used a multi-informant study design as this improves both the measurement model and the estimation of relations among the theoretical constructs, as well as addresses the problems of single respondent biases.

#### **METHOD**

## Participants

The subjects for this study are part of the Maryland Adolescent Development in Context (MADIC) study. MADIC is an ongoing, longitudinal study of adolescents, their families, and their schools in a large county in Maryland. Families were recruited through public junior high schools. In the fall of 1991, a brief description of the study was sent home with each seventh grader in the county. Families who were interested in learning more about the study were asked to sign and return a form giving the study staff permission to contact them. Of these families, a total of 1357 African-American and European-American families participated in the first wave of data collection. In the summer and fall of 1993 following the target adolescent's eighth grade year, a total of 959 African-American and European-American families participated in the second wave of data collection.

In the following study, families whose marital status changed from Wave 1 to Wave 2 (n = 65) were not included in the analyses. Of the 894 families who met these criteria, listwise deletion of missing data was used across the both waves of data.<sup>3</sup> Complete data were available for a total of 617 families (387 African-American and 230

European-American families, 446 two-parent and 171 single families; 69% of the eligible families).

Family median income for the 617 families from all sources for the past year (1990) at the first wave of data was between \$45,000 and \$49,999 (see Table 1).

Although the sample, as a whole, made slightly more than the median income for families with children in the United States, there was a wide range of income distribution. For example, 15% of the sample made less than \$25,000; 35% made between \$25,000 and \$50,000; 25% made between \$50,000 and \$65,000; and 25% made above \$65,000.

Occupational prestige scores (from 1 = most prestigious to 999 = least prestigious) for primary and secondary caregivers revealed that both were generally semi-professional or skilled workers, ranging from professional with advanced degrees to unskilled workers (see Table 1). This sample clearly contained sufficient variability in family income and occupation levels to test the impact of differing economic circumstances on family processes and adolescent outcomes.

Although the African-American and single families did have slightly lower mean levels of income than the European-American and two-parent families, respectively (see Tables 3 and 4), there was sufficient variability in the income distribution in all four groups to test the proposed model. For example, 20% of the African-American families made less than \$25,000; 40% made between \$25,000 and \$50,000; 17% made between \$50,000 and \$65,000; and 23% made above \$65,0000. In the single families, 32% of the sample made less than \$25,000; 53% made between \$25,000 and \$50,000; 10% made between \$50,000 and \$65,000; and 5% made above \$65,000.

#### Procedure

For both waves of data, interviewers from the local area interviewed each of the families. The MADIC staff trained all interviewers in a three-day workshop. The racial composition of the interviewers roughly matched that of the county at large (60% African-American, 38% European-American, 2% Hispanic), and most interviewers were

women. Interviewers were paid on a per interview basis. To ensure that interviewers were following the interview protocol accurately, 15% of families were randomly selected and re-contacted by the study staff to verify that the interview had taken place, all of the questions had been asked, and the interviewer had behaved professionally while in the family's home. These verification calls revealed no problems with the interview staff.

In each family, the primary caregiver and the target adolescent were interviewed and given a self-administered questionnaire to complete. In many families, a secondary caregiver and/or older sibling were also given a self-administered questionnaire to complete. The primary caregiver was identified during the initial telephone contact. The interviewer phoned the household and asked to speak with the parent identified by the school, generally the mother. After describing the study and obtaining his or her agreement to participate, the interviewer asked this adult, "Out of the people living in this household, what is the name of the person who has the most responsibility for and knows the most about (the target adolescent)?" The person named in response to this question was identified as the primary caregiver. The majority of the primary caregivers were either the mothers (86%) or fathers (7%) of the target adolescents; however, primary caregivers also included grandparents and other relatives. Although not all of the primary caregivers were parents of the target adolescents, the terms parent and primary caregiver are used interchangeably in this paper.

The secondary caregiver was also identified during the initial telephone call. The majority of the secondary caregivers were either the fathers/stepfathers (77%) or mothers/stepmothers (7%) of the target adolescents; however, secondary caregivers also included siblings, grandparents, and other relatives. Eighty-seven percent of the secondary caregivers were married to the primary caregivers.

Following the initial phone contact, the remainder of the interviewing process took place in the home of the family. As stated, the parent and target adolescent were

asked to complete two booklets: one using a face-to-face structured interview format and one using a self-administered format. During the first portion of the interview, the adolescent completed his or her self-administered booklet in a quiet, private place, while the interviewer administered the face-to-face portion to the parent. During the second portion of the interview, the parent completed his or her self-administered booklet in a quiet, private place, while the interviewer administered the face-to-face portion to the adolescent. For both face-to-face interviews, a card containing all relevant response scales was provided to the respondent. Interviewers referred respondents to this card rather than reading each response scale. Interviewers also were instructed to read all the questions exactly as written in the books and not to define words or interpret questions for the respondents.

Each face-to-face interview took approximately one hour and each self-administered booklet took approximately 30 minutes to complete. Target adolescents and parents were each given \$15 for their participation.

#### Measures

A description of the measures follows the model presented in Figure 1 from left to right. As Bank, Dishion, Skinner, and Patterson (1990) recommend, we used different reporters, whenever possible, from across and within our constructs to minimize biases in the estimates of path coefficients from single sources of information. For example, for negative parent-adolescent relationships, we used reports from both the parents and adolescents. However, we only had one source for some indicators. For instance, Wave 1 and Wave 2 grade point average, an indicator of achievement, were obtained only from school records. In addition, indicators for parental school involvement were obtained from the parents only.

We also used measures from both Waves 1 and 2 to strengthen inferences regarding likely causal direction and to decrease within-wave reporter bias. Since Wave 1 financial resources assessed family income for the previous year, our model included

direct paths from Wave 1 financial resources to Wave 1 financial strain to Wave 1 parenting behaviors to adolescents' achievement at Wave 2. We also include adolescents' achievement at Wave 1 to control for prior achievement.

Wave 1 Financial Resources. A single indicator, family income, was used to represent financial resources. Family income assessed the total family income from all sources before taxes in the previous year (1990). In two-parent families where the primary and secondary caregivers were married and both participated, the total family income was derived by averaging the reports of the primary and secondary caregivers, which were highly correlated ( $r = .79, p \le .001$ ). In single parent families or families where the secondary caregiver lived in another household or did not participate, the total family income was obtained from the primary caregivers only.

Wave 1 Financial Strain. Two indicators were used to assess financial strain. The first indicator assessed whether parents felt they can't make ends meet. The parents reported whether they have money left over at the end of the month to make ends meet (1 = more than enough money, 4 = not enough money). The second indicator assessed whether parents had worries about money (1 = not worried at all, 4 = very upset or worried). In two-parent families where the primary and secondary caregivers were married and both participated, these indicators were derived by averaging the reports of the primary and secondary caregivers, which were significantly correlated (r = .33, p < .001; r = .33, p < .001, respectively). In single parent families or families where the secondary caregiver lived in another household or did not participate, only the reports of the primary caregivers were used.

Wave 1 Negative Parent-Adolescent Relationships. Two constructs were used as indicators of negative parent-adolescent relationships. Both the primary caregivers and adolescents reported on parent's use of harsh discipline strategies including hitting, threatening to hit, and yelling (1 = not at all, 5 = almost always). The alpha for the three-item scale was .86 for primary caregivers and .80 for adolescents. The primary

caregivers and adolescents also reported on *parent-adolescent conflict* including conflicts about money, time spend outside of school, grades, and how the adolescent dressed/wore their hair (1 = not at all, 5 = almost always). The alpha for the four-item scale was . 77 for primary caregivers and .76 for adolescents.

Wave 1 Parental School Involvement. Three indicators were used to assess parental school involvement. Primary caregivers reported the number of times they volunteered in the classroom, attended a Parent-Teacher Association meeting, and attended an open house.

Wave 1 and Wave 2 Academic Achievement. A single indicator, grade point average, was used to measure academic achievement (range, 1.00 to 5.00). Grade point average included only the core academic courses such as English, math, science, and foreign language. Grades were obtained from school records at Wave 1 and Wave 2 for each student.

#### RESULTS

# Correlational Analyses

Table 2 contains the correlations among all variables used in testing the theoretical model. Intercorrelations among indicators within constructs are in bold typeface. For the most part, correlations between measures within constructs were higher than those across constructs. For example, the intercorrelations among the indicators for Wave 1 negative parent-adolescent relationships ranged from .19 (adolescent report of harsh discipline and parent report of conflict) to .36 (parent report of conflict and parent report of harsh discipline). The intercorrelations among the indicators for Wave 1 parental school involvement ranged from .41 (involvement in the classroom and involvement in open house) to .62 (involvement in PTA and involvement in open house). Inter-correlations among indicators for different reporters within the same construct were also higher than those across constructs. For example, the intercorrelations among the indicators for Wave 1 negative parent-adolescent relationships were .34 and .33 for the

parent and adolescent reports of harsh parenting and parent-adolescent conflict, respectively.

Furthermore, the correlations among indicators across constructs provided some preliminary evidence for the hypothesized model. For example, with the exception of the adolescent report of conflict, all of the indicators of Wave 1 negative parent-adolescent relationships and Wave 1 parental school involvement correlated significantly with at least one of the indicators of Wave 1 financial strain. Similarly, Wave 1 family income and all the indicators of Wave 1 financial strain, Wave 1 negative parent-adolescent relationships, and Wave 1 parental school involvement correlated significantly with adolescents' grade point average at Wave 1 and Wave 2. Taken together, these correlations supported a more formal test of the theoretical model.<sup>4</sup>

Latent-variable structural equation models were used to test the proposed theoretical model (Figure 1). Maximum likelihood estimates of the model were obtained using LISREL VIII (Joreskog & Sorbom, 1993a). Since unique dispositions of individual reporters may systematically influence their responses (e.g., parent reports of harsh discipline and conflict), error terms for indicators based on the same reporter within Wave 1 negative parent-adolescent relationships were allowed to co-vary in these analyses. According to Bank et al. (1990), this procedure reduces the impact of method variance error on the findings. Path coefficients predicted to be non-significant were fixed to zero, and other parameters were allowed to be estimated.

In the following analyses, we first tested the proposed versus alternative model to assure that we properly identified our model. Next, we conducted multi-group comparisons between the African-American and European-American subsamples and between the single and two-parent subsamples. Since the multi-group comparisons did not reveal any significant differences between the African-American and European-

American subsamples and between the single and two-parent subsamples, we then tested the theoretical model (see Figure 1) using the entire sample (N = 617).

Proposed versus Alternative Model. To assure that Wave 1 financial resources only had an indirect association to Wave 1 parenting behaviors through Wave 1 financial strain and Wave 1 financial strain only had an indirect association to Wave 2 academic achievement through Wave 1 parenting behaviors, we conducted multi-group comparisons between the proposed model (see Figure 1) and alternative model. In the alternative model, we released the paths from Wave 1 family income to Wave 1 parental school involvement and from Wave 1 family income to Wave 1 negative parentadolescent relationships. We also released the path from Wave 1 financial strain to Wave 2 academic achievement. Consistent with the proposed model, none of these paths were statistically significant. Moreover, a  $\chi^2$  significance test between the proposed model and alternative model revealed no statistically significant differences (p < .05) in the relations among latent variables ( $\Delta$  in  $\chi^2$  ( $\Delta$  in df) = 5.28 (3)).

Since releasing these paths did not significantly improve the fit of the model, the proposed model was accepted as the more parsimonious representation of the relations among the constructs (see Bollen, 1989). This supports the theoretical model showing an association between Wave 1 financial resources and Wave 1 parenting behaviors only through Wave 1 financial strain and between Wave 1 financial strain and Wave 2 academic achievement only through Wave 1 parenting behaviors (see Figure 1).

Differences between African-American and European-American families. Since analyses of mean differences between African-American and European-American families showed statistically significant differences (see Table 3), we conducted multigroup comparisons for the structural equations. A  $\chi^2$  significance test between the African-American (n=387) and European-American (n=230) subsamples revealed no statistically significant differences (p<.05) in the relations among latent variables ( $\Delta$  in  $\chi^2$  ( $\Delta$  in df) = 11.07 (6)).

Differences between single and two-parent families. Analyses of mean differences between single and two-parent families also revealed statistically significant differences (Table 4). Therefore, we conducted multi-group comparisons for the structural equations. A  $\chi^2$  significance test between the single (n=171) and two-parent subsamples (n=446) revealed no statistically significant differences (p<.05) in the relations among latent variables ( $\Delta$  in  $\chi^2$  ( $\Delta$  in df) = 8.97 (6)). Since 73% of the single parent families were African-American families, we also conducted multi-group analyses for the single and two-parent African-American families. Again, a  $\chi^2$  significance test between the single (n=121) and two-parent (n=231) families revealed no statistically significant differences (p<.05) in the relations among latent variables ( $\Delta$  in  $\chi^2$  ( $\Delta$  in df) = 2.84 (6)). There was not a sufficient number of single parent European-American families (n=33) to perform multi-group analyses for single and two-parent European-American families.

Theoretical Model. Since multi-group analyses revealed no significant differences between African-American and European-American families and between single and two-parent families, all subsequent analyses were performed with the full sample. The results were consistent with the proposed model (see Figure 2). As predicted, the standardized path coefficients were significant between Wave 1 financial resources and Wave 1 financial strain (beta = -.63, t = -14.84), between Wave 1 financial strain and Wave 1 parental school involvement (beta = -.20, t = -4.32), and between Wave 1 financial strain and Wave 1 negative parent-adolescent relationships (beta = .32, t = 6.04). The standardized path coefficients were also significant between Wave 1 parental school involvement and Wave 2 academic achievement (beta = .05, t = 2.34), between Wave 1 negative parent-adolescent relationships and Wave 2 academic achievement (beta = -.21, t = -6.68), and between Wave 1 academic achievement and Wave 2 academic achievement (beta = .67, t = 27.04).

As shown in Figure 2, the model fits the data reasonably well as indicated by a critical N of 341 (Hoelter, 1983) and a goodness of fit index of .97 (Joreskog & Sorbom, 1993b). The coefficients also demonstrated an acceptable degree of association between indicators and the constructs. Moreover, all of the indicators were statistically significant. As found in other studies, however, the factor loadings of the adolescent reports were slightly lower than the parent reports (Conger et al., 1994).

## **DISCUSSION**

A growing body of research has focused on the relations among economic resources, family processes, and children's development. Although theoretical models linking economic stresses to children's development have been supported from studies with either African-American or European-American families and either single parent or two-parent families, the generalizability of these models must be tested empirically with a sample that includes both African-American and European-American families and both single and two-parent families that reflect a wide range of economic conditions. The participants in this study included an economic cross-section of single and two-parent African-American and European-American families with an adolescent. Using this sample, the present study tested the empirical adequacy of a mediational model of financial strain, parenting behaviors, and adolescents' academic achievement for both African-American and European-American families and both single and two-parent families. To our knowledge, this is the first study to test the equivalence of this model empirically for different ethnic groups and family structures.

The findings were supportive of the theoretical model (Figure 1). Family income influenced negative parent-adolescent relationships and parental school involvement only through parents' sense of financial strain. These results support earlier research that seemingly objective measures of hardship, such as low income, should affect behavior only to the extent that they create economic strain and worries (Conger et al., 1992, 1994, 1997; Elder et al., 1995; Harold-Goldsmith et al., 1988; McLoyd et al., 1994; Simons et

al. 1992). We also found that parents' sense of financial strain increased the likelihood of negative parent-adolescent relationships and adversely affected parental school involvement. These findings are consistent with previous studies (e.g., Conger et al., 1984; Conger et al., 1992, 1994, 1997; Elder et al., 1995; Harold-Goldsmith et al., 1988; McLoyd et al., 1994) indicating that distress associated with low income undermines the capacity for effective parenting. Our study also extended the scope of this research by demonstrating that negative parent-adolescent relationships and parental school involvement mediated the relation between financial strain and adolescents' academic achievement.

Although there are reasons in the previous literature to expect possible ethnic differences in a mediational model of financial strain, parenting behaviors, and adolescents' academic achievement, we found no statistically significant differences in the structural latent-variable models between African-American and European-American families. Although differences may seem apparent in studies that confound income level and ethnicity, such disparities may not arise when examining a sample that includes a wide economic distribution of both African-American and European-American families. In our study, the economic status of the families ranged from those living below the U.S. poverty threshold to those in the upper income brackets within both the African-American and European-American subsamples. As a result, the African-American subsample was not over-represented in the lower income bracket and both subsamples contained sufficient variability to test the proposed model. Furthermore, since the African-American and European-American families represented an economic crosssection, it is more likely that they lived in comparable neighborhoods and had access to similar community resources than may be true in studies that compare African-American and European-American samples with quite different economic characteristics. As families living in this county had open school enrollments, they may also have been more likely to send their children to similar schools than other families in more typical ethnicgroup comparative studies. Thus, our results indicate that African-American and European-American families with comparable economic resources may respond similarly to the effects of economic strain. They also suggest that the ethnic group differences found in other studies may reflect economic more than cultural histories.

We also found no differences either between single and two-parent families or between African-American single and two-parent families in the proposed model. As with the African-American and European-American families, these findings are particularly informative when they are considered in the context of where these participants live. These results indicate that single and two-parent families who represent an economic cross-section and are likely to have access to comparable economic resources may respond similarly to the effects of financial strain. Although single mothers are at greater risk of psychological distress and anxiety than other marital status group (McLoyd, 1990), economic resources (e.g., safe neighborhoods and employment opportunities) may help buffer their ability to cope with economic worries as well as their capacity to provide effective parenting. Moreover, the impact of single parents' economic distress on adolescents' development may be reduced if adolescents have access to high-quality support systems (e.g., schools and community programs).

The results of this study support previous research (e.g., Conger et al., 1992; 1994; McLoyd, 1990; McLoyd et al., 1994) suggesting that economic stresses affect children's developmental outcomes indirectly through family processes in both African-American and European-American families and both single and two-parent families. Moreover, these findings provide important insight into the processes through which economic resources influence adolescents' academic achievement. For example, the results of this study suggest that both supportive (e.g., involvement in their adolescent's school) and non-supportive (e.g., harsh discipline strategies) parenting practices are significant links between financial strain and adolescents' grade point average.

## Limitations and Conclusions

Several limitations of this study and some caveats need to be noted. First, our model is not intended to be exhaustive. Our model did not consider important predictors of adolescents' academic achievement such as school characteristics, neighborhood context, and peer relationships (e.g., Brooks-Gunn, Duncan, Klebanov, & Sealand, 1993; Duncan, 1994; Rist, 1970; Rutter, 1983; Steinberg, Dornbusch, & Brown, 1992). However, our model was not intended to explain all of the variation in adolescents' academic achievement. Rather, our study specifically tested a mediational model of family processes linking financial strain to adolescents' achievement for both African-American and European-American families and both single and two-parent families. Testing the equivalence of a model that predicts adolescents' academic achievement for these different groups is a worthwhile endeavor for future studies. Our model was also limited to a single measure of academic achievement (i.e., grade point average). Although grades are the primary criteria for continuation through the educational system in that they determine grade advancement, classes in high school, and college admittance, other indices of achievement (e.g., standardized test scores and school absences) should be examined in future studies.

Second, our sample is not completely random, and does not include an overrepresentation of families experiencing severe economic problems. However, our sample
does represent an economic cross-section of African-American and European-American
families and single and two-parent families. It is also one of the few samples
representing a large number of middle to upper income African-American families.

Third, we also had a substantial reduction in sample size due to attrition from Wave 1 to Wave 2 and listwise deletion of data. However, the amount of variance in sample characteristics accounted for by this attrition was quite modest. Moreover, the nature of the bias introduced by attrition (i.e., disproportionate loss of highly stressed families) should work against finding support for our hypothesis -- making it likely that

our results underestimated the magnitude of the associations found for the predicted paths in our model.

Finally, although the paths between variables in our model may imply causality, this study only tested the extent to which the observed relations among variables can be predicted from our hypothesized model. However, the use of longitudinal data controlling for prior levels of achievement strengthens our confidence in the proposed causal directions. The measurement of the dependent variable at two or more time points allows one to rule out the rival hypothesis that the dependent variable causes the independent variable rather than vice versa. It also greatly reduces the threat of spuriousness.

Despite this, our model is still restricted to measures of a limited duration and developmental time frame (i.e., adolescence). Recent studies demonstrate that earlier (birth to age 5), more persistent poverty has more adverse effects than later, more transitory poverty on children's educational outcomes (Duncan, Yeung, Brooks-Gunn, & Smith, in press; Korenman et al., 1997; Smith, Brooks-Gunn, Klebanov, 1997). Research also suggests that the duration and timing effects of poverty may vary between different ethnic groups and family structures. For instance, Duncan et al. (in press) not only found that poverty during the first five years of life was more detrimental to completed years of schooling than poverty during middle childhood and adolescence, but that the differential impact of income by childhood stage was particularly strong for African-Americans as compared to European-Americans. There is also controversy about the relative importance of such income effects on children's and adolescents' outcomes. According to Mayer (1997), the effects of income on children's development may be overestimated due to the variance family income and child outcomes both share with unmeasured parental characteristics. For these reasons, future studies should not only test model equivalence for families living in persistent versus transitory poverty as well as those experiencing poverty at different developmental time points, but should also consider

different approaches for assessing the relative importance of income and parental characteristics in shaping children's development.

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### **FOOTNOTES**

<sup>1</sup>Of the families interested in the study, seventy-six percent agreed to participate. There were many different reasons the other 24% did not participate in the study. Most declined due to time constraints, scheduling conflicts, or lack of interest. Some were never reached due to difficulties obtaining current phone and address information. The schools did not permit us to contact the families who did not return the permission slip, so we are unable to explain their non-participation.

<sup>2</sup>There are many different reasons why families who participated in Wave 1 did not participate in Wave 2. Of the 398 families who did not participate in Wave 2, 47% refused to participate, 29% moved to another location, and 23% were unable to schedule an appointment. The issue of differential attrition from Wave 1 to Wave 2 was examined with t-tests contrasting these two groups' scores on Wave 1 predictor and outcome variables. Results showed that families with both waves of data had more income, higher levels of parental school involvement, and higher grade point averages than families with data only at Wave 1. However, eta-squares for these analyses were modest (.00 to .016) indicting that the difference accounted for only one to two percent of the variance. These families did not significantly differ in the amount of money left at the end of the month, financial worries, or negative parent-adolescent relationships.

The issue of listwise deletion of data was examined by comparing the families for whom complete data were available (n = 617) with the families for whom incomplete data were available (n = 894). T-tests contrasting these two groups' scores on all the predictor and outcome variables showed that families for whom complete data were available had more income, high levels of parent reported parent-adolescent conflict, and higher grade point averages than families with incomplete data. However, eta-squares for these analyses were modest (.00 to .024) indicting that the difference accounted for only one to two percent of the variance. Families did not significantly differ in any of the other variables.

<sup>4</sup>We also examined the correlations among the parents' education and occupational prestige score and the indicators and outcomes. As expected, education and occupational prestige score were highly correlated with family income and the indicators of financial strain. However, education and occupational prestige score were not significantly correlated with the indicators of negative parent-adolescent relationships and parental school involvement. Although education was significantly correlated with adolescents' grade point average, occupational prestige score was not. This is consonant with evidence that among the traditional indicators of SES, family income is the single most important predictor of school performance and that analyses which combine income, occupation, and education are only slightly more correlated with academic achievement than income alone (see McLoyd, 1998). For these reasons, we did not include parents' education or occupational prestige score in our model.

Demographic Characteristics of the Sample (N = 617)

Table 1

Demographic Variable	Mean Score	Median Score	Standard Deviation	Minimum Value	Maximum Value
1. W1 Family Income <sup>a</sup>	10.06	10.00	4.11	1.00	16.00
2. W1 Primary Caregiver's Occupational Prestige Score	262.61	276.00	187.16	5.00	877.00
3. W1 Secondary Caregiver's <sup>b</sup> Occupational Prestige Score	356.75	356.50	269.87	1.00	889.00
4. W1 Primary Caregiver's Education <sup>c</sup> 13.83	c 13.83	14.00	2.26	5.00	26.00
5. WI Secondary Caregiver's Education <sup>bc</sup>	14.23	14.00	2.78	5.00	26.00
6. W1 Primary Caregiver's Agec	39.94	39.62	6.62	28.13	74.71
7. WI Secondary Caregiver's Agebc	41.07	41.86	8.76	15.87	67.57
8. W1 Adolescent's Age <sup>c</sup>	12.24	12.00	.55	11.00	16.00
9. W2 Adolescent's Age <sup>c</sup>	14.18	14.13	.45	13.31	16.01
10. W1 Number of Children	1.85	4.00	1.04	1.00	7.00

a 1 = less than \$5,000, 2 = between \$5,000 and \$9,999, 3 = between \$10,000 and \$14,999, 4 = between \$15,000 and \$19,999, 5 = between \$20,000 and \$24,999, 6 = between \$25,000 and \$29,999, 7 = between \$30,000 and \$34,999, 8 = between \$35,000 and \$39,999, 9 = between \$40,000 and \$44,999, 10 = between \$40,000 and \$54,999, 12 = between \$50,000 and \$59,999, 13 = between \$60,000 and \$64,999, 14 = between \$65,000 and \$69,999, 15 = between \$70,000 and \$74,000, 16=more than \$75,000, bincludes only those families with secondary caregivers, and cin years.

Means. Standard Deviations, and Correlation Coefficients for All Study Variables

Table 2

		2	3	4	'n	9	7	00	σ	10	Ξ	Z	Ç
1. Family Income	;							,	`	2	1		700
	4												3.99
2. Can't make ends meet	*** 75												1.40
3. Worries about money	*** 08"	***	į										2 !
11:000	*		i										1.42
4. r areni repont di marsii discipline	18		* /0:	:									86
5. Adolescent report of harsh discipline	** 60'-		* 80.	.34 ***	•								2
6. Adolescent report of conflict	05	.03	10:	.20 ***	.28 ***	1						,,,	0 .
7. Parent report of conflict	17 ***	.12 ***	* 80.	.36 ***	*** 61	33 ***	ı						<i>5</i> :
9 Innoluement in classes	1: ***	** 01	•	4		<u>}</u>							78.
6. HEVOLVEINCH III CLASSI OURI	: : : :	-: 10 -:-	** 01	** 01.'-	02	00	* 60	1					1.97
<ol><li>Involvement in open house</li></ol>	*** 81	*** 51	12 ***	-:15 **	04	04	13 **	*** 15	;				2.41
10. Involvement in PTA	.13 ***	÷.07 *	05	02	00.	.02	04	.45 ***	.62 ***	;			7 22
11. 7th GPA	.28 ***	13 ***	*** E!"-	27 ***	12 ***	22 ***	*** 57"	***	***	** 01			
13 Och CDA	***	***					1	•	j	2	i i		50
iz. oui GrA	Uc.	16 ***	** /0'-	25 ***	***	24 ***	46 ***	.16 ***	.25 ***	** 60.	.79 ***		.83

Note.--Correlations among indicators within constructs are in bold typeface. \* $p \le .05$ . \*\* $p \le .01$ . \*\* $p \le .01$ .

Table 3

<u>Mean Differences Between African-American and European-American Families on Indicators</u>

			<del></del>	J.,	
	Afr	ican-American	Eur	opean	American
	(n =	= 387)	(n =	= 230)	÷
			<del></del>	·	<u> </u>
leasures	М	SD	M	SD	t -Test
come	9.72	4.29	11.34	3.72	-4.76***
an't Make Ends Meet	3.50	1.39	2.99	1.31	4.78***
orries about Money	2.32	.79	2.61	.80	4.18***
rent Report of Harsh Discipline	2.28	.96	1.76	.52	7.30***
dolescent Report of Harsh Discipline	2.05	.83	1.75	.60	4.47***
rent Report of Conflict	2.48	.84	2.11	.68	5.30***
lolescent Report of Conflict	2.48	.86	2.22	.73	3.53***
rent Involvement in Class	2.00	3.46	2.63	2.73	-2.47*
rent Involvement in Open House	2.29	2.13	2.95	2.36	-4.31***
rent Involvement in PTA	2.07	2.09	1.92	2.10	-1.95
Grade Point Average	3.49	.87	4.00	.82	-7.44***
Grade Point Average	3.49	.83	4.04	.76	-8.47***
rent Involvement in Open House rent Involvement in PTA a Grade Point Average	<ul><li>2.29</li><li>2.07</li><li>3.49</li></ul>	<ul><li>2.13</li><li>2.09</li><li>.87</li></ul>	2.95 1.92 4.00	2.3 2.1	36 10 32

Note. African-American = 2; European-American = 1.  $p \le .05$ . \*\* $p \le .01$ . \*\*\* $p \le .001$ .

Table 4

Mean Differences Between Single and Two-Parent Families on Indicators

	Sin	gle Parent	Twe	o Paren	t
	(n =	= 171)	(n =	= 446)	_
Measures	M	SD	M	SD	t -Test
Income	6.97	3.39	11.91	3.45	15.88***
Can't Make Ends Meet	3.75	1.29	3.12	1.38	-5.70***
Worries about Money	2.14	.78	2.56	.78	-5.77***
Parent Report of Harsh Discipline	2.36	.99	1.96	.78	-5.21***
Adolescent Report of Harsh Discipline	2.07	.87	1.88	.71	-1.89
Adolescent Report of Conflict	2.43	.83	2.38	.82	87
Parent Report of Conflict	2.50	.84	2.28	.77	-2.82**
Parent Involvement in Class	1.73	2.20	2.68	4.02	3.37***
Parent Involvement in Open House	1.93	1.68	2.80	2.49	4.29***
Parent Involvement in PTA	1.74	2.08	2.13	2.10	1.33
7th GPA	3.37	.87	3.81	.86	6.43***
8th GPA	3.40	.84	3.81	.81	5.99***

Note. Two Parent = 2; Single Parent = 1. \* $p \le .05$ . \*\* $p \le .01$ . \*\*\* $p \le .001$ .

# FIGURE CAPTIONS

Figure 1. The theoretical model.

<u>Figure 2</u>. Maximum likelihood estimation of the model. Residual for indicators involving the same reporters were allowed to correlate across constructs (not shown). For the model,  $\chi^2(45) = 226.13$ , GFI = .97, AGFI = .94, NFI = .93, and critical N = 341.00 (R<sup>2</sup>s are reported in the circles).



